



# Sister to Sister

Take Control of Your Health

## **Sister to Sister: TCYH Facilitator Best Practice Checklist**

- ☐ Active listening
- ☐ Good eye contact
- ☐ Ability to maintain a supportive and caring environment
- ☐ Connect with the patient
- ☐ Positive attitude/ enthusiasm
- ☐ Patience and flexibility
- ☐ Professional behavior
- ☐ Maintain confidentiality
- ☐ Knowledge of the subject
- ☐ Acknowledge own values and biases
- ☐ Non-judgmental
- ☐ Empathetic
- ☐ Caring
- ☐ Humorous
- ☐ Good time management
- ☐ Trusting